

Menu Nutrient Analysis Report

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Report Selections

Date Range : 07/07/08 - 08/17/08
 Menus : Menu ADSS -7 pack

Menu: Menu ADSS -7 pack Date: 07 Jul 2008, Mon

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 047	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Salisbury Steak_047 (22769 761) A	1 each	88	224	16.0	15.2	60.7	6.1	41	2.02	70	1	1.95	1.3	689
Sour Cream & Chive Potatoes	4.65 ounces	24	128	2.3	1.8	13.6	24.0	30	0.38	111	28	0.01	2.1	206
Mixed Vegetables	1/2 cup	83	51	1.9	0.0	0.6	10.2	26	0.83	2435	6	0.00	3.7	58
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine.cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Applesauce.ind.frz.NEW,Pierre (11C	1 each	113	65	0.0	0.0	0.0	17.0	8	0.20	30	2	0.00	1.2	4
Milk.Nutrish AB. ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			738+	32.1+	23.0+	27.9+	99.4+	438+	4.74+	3467+	91+	3.04+	9.2+	1312+
Daily Totals for 7/7/2008			738+	32.1+	23.0+	27.9+	99.4+	438+	4.74+	3467+	91+	3.04+	9.2+	1312+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			87	172.2	81.1		84.8	109	177.37		304	379.87	91.7	303
Percent Calorie Distribution (%)				17.6+	27.9+		54.5+							

Includes main items only. ^ Denotes a menu item whose nutrient analysis may no longer be valid or accepted.
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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 08 Jul 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 036	1 each	0												
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Chicken,Baked 036 BCK	1 each	198	198	20.3	12.3	57.7	0.0	12	1.06	158	0	0.23	0.0	351
Broccoli	4 ounces	69	21	2.1	0.1	4.1	4.1	28	0.54	761	27	0.00	2.1	27
Black-eyed Peas	1/2 cup	85	112	7.2	0.6	4.4	20.2	20	1.80	64	2	0.00	5.4	205
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Animal Crackers	1 each	28	126	2.0	3.9	27.7	21.0	12	0.78	0	0	0.01	0.3	111
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			728+	42.6+	22.9+	28.5+	88.3+	402+	5.19+	1710+	40+	1.32+	8.5+	1034+
Daily Totals for 7/8/2008			728+	42.6+	22.9+	28.5+	88.3+	402+	5.19+	1710+	40+	1.32+	8.5+	1034+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			85	228.1	80.6		75.4	101	194.35		135	165.52	84.6	239
Percent Calorie Distribution (%)				23.6+	28.5+		48.0+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 09 Jul 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 013	1 each	0												
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
BBQ Rib Patty 013 (23483 761) Ad	1 each	103	218	16.7	13.0	54.2	8.0	38	1.48	231	2	0.73	1.0	435
Sweet Potato Casserole	4 ounces	109	123	0.7	0.5	3.8	29.8	23	2.03	9077	3	0.00	2.0	25
Green Peas	1/2 cup	96	76	5.0	0.4	4.1	13.7	26	1.60	698	17	0.00	5.3	19
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Star Crunch Cookie, Ind	1 each	31	150	1.0	6.0	37.0	22.0	0	0.72	0	0	0.00	0.0	70
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			827+	34.2+	26.1+	28.5+	114.5+	407+	6.23+	10714+	62+	1.81+	9.4+	869+
Daily Totals for 7/9/2008			827+	34.2+	26.1+	28.5+	114.5+	407+	6.23+	10714+	62+	1.81+	9.4+	869+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			97	183.3	91.9		97.7	102	233.49		206	226.25	94.3	201
Percent Calorie Distribution (%)				16.7+	28.5+		54.8+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 10 Jul 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
meal 018	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Beef Chili Mac-018 (320800-40)	7.25 ounces	262	378	21.9	14.2	34.2	39.8	118	4.28	1136	12	1.22	5.1	740
Carrots	1/2 cup	75	34	0.8	0.2	4.9	7.2	33	0.58	8232	7	0.00	2.6	54
Green Beans	1/2 cup	70	23	0.8	0.0	1.7	3.8	38	0.43	179	10	0.00	2.2	21
Wheat Bread,AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Vanilla Creme Cookies-Good Sourc	1 packet	29	130	1.0	4.0	30.0	20.0	8	0.64	0	0	0.00	1.0	125
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			827+	34.6+	24.0+	26.3+	112.8+	549+	6.62+	10285+	45+	2.31+	12.0+	1264+
Daily Totals for 7/10/2008			827+	34.6+	24.0+	26.3+	112.8+	549+	6.62+	10285+	45+	2.31+	12.0+	1264+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			97	185.1	84.3		96.2	137	248.10		149	288.39	120.0	292
Percent Calorie Distribution (%)				17.0+	26.3+		56.7+							

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Menu: Menu ADSS -7 pack **Date: 11 Jul 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 028	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Chicken Brst/Rice w/Apricot Sce,Ad	1 each	184	324	16.0	13.3	37.3	34.5	30	1.07	75	3	0.24	1.4	549
Potatoes,Rosemary Roasted	1/2 cup	68	73	1.6	2.7	33.3	10.4	16	0.58	7	9	0.00	2.2	121
Green Bean Casserole	1/2 cup	92	77	2.0	3.2	40.3	8.6	40	0.64	198	10	0.01	2.9	123
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Peach Cup, frz,Pierre (80140)	1 each	114	66	1.0	0.0	0.0	18.0	5	0.40	395	3	0.00	1.5	6
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			800+	32.4+	24.7+	28.0+	111.6+	460+	3.82+	1496+	79+	1.34+	9.8+	1118+
Daily Totals for 7/11/2008			800+	32.4+	24.7+	28.0+	111.6+	460+	3.82+	1496+	79+	1.34+	9.8+	1118+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			94	173.6	87.0		95.2	115	142.96		263	167.33	97.7	258
Percent Calorie Distribution (%)				16.5+	28.0+		55.5+							

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Menu: Menu ADSS -7 pack **Date: 12 Jul 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 042	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Beef Patty,Peppered 042 (22765 76	1 each	86	208	15.0	15.0	65.1	3.1	28	2.08	215	3	0.68	1.2	400
Loaded Potato	4.65 ounces	25	131	2.4	1.3	9.7	25.5	40	0.49	311	30	0.00	2.5	250
Mixed Greens	3.83 ounces	106	19	1.9	0.0	0.0	2.6	69	0.92	6120	24	0.00	2.9	13
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Choc Pudding, Ind	1 each	85	150	2.0	7.0	42.9	19.0	60	0.07	82			0.0	125
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			788+	31.4+	29.3+	33.6+	97.2+	507+	3.88+	7438+	60+	1.76+	7.7+	1093+
Daily Totals for 7/12/2008			788+	31.4+	29.3+	33.6+	97.2+	507+	3.88+	7438+	60+	1.76+	7.7+	1093+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			93	168.0	103.3		82.9	127	145.16		201	220.00	77.5	252
Percent Calorie Distribution (%)				16.2+	33.6+		50.2+							
Week Daily Average (07/07/08-07/12/08)			785+	34.5+	25.0+	28.8+	104.0+	461+	5.08+	5852+	63+	1.93+	9.4+	1115+

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 13 Jul 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 061	1 each	0												
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Chicken Tetrizzini, Revised Recipe	9.25 ounces	252	327	28.7	12.5	35.6	22.1	206	2.29	324	5	0.50	1.8	535
Carrots	1/2 cup	75	34	0.8	0.2	4.9	7.2	33	0.58	8232	7	0.00	2.6	54
Green Peas	1/2 cup	96	76	5.0	0.4	4.1	13.7	26	1.60	698	17	0.00	5.3	19
Wheat Bread, AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Fudge Round, ind	1 each	34	150	1.0	6.0	36.0	23.0	0	0.72	0	0	0.03	1.0	85
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			837+	46.5+	24.5+	26.6+	105.1+	627+	6.78+	9961+	48+	1.62+	12.0+	1043+
Daily Totals for 7/13/2008			837+	46.5+	24.5+	26.6+	105.1+	627+	6.78+	9961+	48+	1.62+	12.0+	1043+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			98	249.2	86.3		89.7	157	253.80		160	202.76	119.5	241
Percent Calorie Distribution (%)				22.8+	26.6+		50.6+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 14 Jul 2008, Mon**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 055	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Meatballs w/Shells/Alfredo Sc,Advai	7.25 ounces	156	338	19.7	18.1	48.2	24.0	69	2.77	84	1	1.93	2.5	702
Squash,zucchini,onions	1/2 cup	113	18	0.7	0.1	2.4	4.4	15	0.40	1267	5	0.00	1.6	3
Green Beans with Onions & Red Pe	1/2 cup	74	21	0.8	0.0	0.2	3.5	33	0.33	226	11	0.00	2.2	3
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Apple Flip, Lit Deb,Ind	1 each	35	151	1.0	5.0	31.0	24.1	0	0.72	0	0	0.00	1.0	115
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			800+	32.2+	29.2+	32.8+	98.0+	430+	4.57+	2317+	34+	3.01+	8.2+	1133+
Daily Totals for 7/14/2008			800+	32.2+	29.2+	32.8+	98.0+	430+	4.57+	2317+	34+	3.01+	8.2+	1133+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			94	172.6	102.7		83.6	107	171.17		112	375.86	81.5	261
Percent Calorie Distribution (%)				16.3+	32.8+		50.8+							

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Menu: Menu ADSS -7 pack **Date: 15 Jul 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 048	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Chicken Sausage with Baked Beans	1 each	217	338	17.9	17.3	47.2	25.6	225	5.47	517	5	0.22	7.0	740
Red Skin Whipped Potatoes	4.6 ounces	44	123	2.2	1.8	13.9	23.1	22	0.51	6	26	0.00	2.6	189
Peas & Carrots	1/2 cup	79	42	2.7	0.4	6.8	8.8	21	0.86	7457	9	0.00	2.7	62
Wheat Roll_new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Pineapple.ind.frz.NEW, Pierre (803	1 each	113	111	0.0	0.0	0.0	28.0	18	0.40	34	8	0.00	0.7	5
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			874+	34.7+	25.2+	26.2+	126.5+	662+	8.37+	8719+	86+	1.30+	14.5+	1301+
Daily Totals for 7/15/2008			874+	34.7+	25.2+	26.2+	126.5+	662+	8.37+	8719+	86+	1.30+	14.5+	1301+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			102	185.7	88.6		107.9	165	313.32		286	162.30	144.7	300
Percent Calorie Distribution (%)				16.0+	26.2+		57.8+							

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 16 Jul 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 098	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Veal Patty 098 (22756-761) Advanc	1 each	119	243	20.2	10.4	38.6	17.0	29	2.60	52	0	1.60	1.6	507
Mixed Greens	3.83 ounces	106	19	1.9	0.0	0.0	2.6	69	0.92	6120	24	0.00	2.9	13
sweet potatoes,diced,sauce	1/2 cup	75	85	1.4	0.4	4.3	19.5	28	0.41	7360	9	0.00	1.4	25
Corn muffin	1 each	57	187	2.7	4.9	25.8	29.3	42	0.17	133	0	0.06	2.0	153
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Fig Bar,Ind,AL	1 each	42	160	1.0	3.0	17.4	31.0	20	0.70	0	0	0.04	1.0	110
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			884+	36.2+	23.7+	24.5+	125.4+	508+	6.04+	14371+	53+	2.78+	9.1+	1008+
Daily Totals for 7/16/2008			884+	36.2+	23.7+	24.5+	125.4+	508+	6.04+	14371+	53+	2.78+	9.1+	1008+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			104	194.0	83.6		107.0	127	226.20		175	347.34	91.5	233
Percent Calorie Distribution (%)				16.7+	24.5+		58.8+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 17 Jul 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 071	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Cheese Omelet - 071 (7360704)	1 each	99	179	9.9	12.9	67.6	4.0	99	1.07	744	0	0.28	0.0	496
Potatoes,Cubed	1/2 cup	82	125	1.9	5.8	42.9	15.4	12	0.69	0	6	0.00	1.9	317
Applesauce	1/2 cup	102	66	0.7	0.0	0.0	11.3	4	0.55	29	2	0.00	1.5	8
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Mixed Fruit Cup, frz,NEW, Pierre (8)	1 each	113	70	1.0	0.0	0.0	18.0	7	0.30	263	5	0.00	1.0	6
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			700+	24.5+	24.7+	32.4+	88.6+	435+	3.02+	1860+	68+	1.36+	5.7+	1161+
Daily Totals for 7/17/2008			700+	24.5+	24.7+	32.4+	88.6+	435+	3.02+	1860+	68+	1.36+	5.7+	1161+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			82	131.1	86.8		75.6	109	113.02		227	170.00	57.3	268
Percent Calorie Distribution (%)				14.5+	32.4+		53.1+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 18 Jul 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 046	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Beef (Advance) & Bowtie Pasta-046	10.54 ounces	280	345	21.7	15.2	39.5	30.7	164	3.86	666	14	1.31	4.4	762
Capri Vegetables	1/2 cup	78	25	0.9	0.0	5.4	0.5	24	0.46	2268	19	0.00	3.4	33
Corn, Whole Kernel	1/2 cup	93	83	2.8	0.7	6.8	19.6	9	0.69	200	6	0.00	3.0	22
Wheat Bread, AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Vanilla Pudding, Ind	1 each	85	140	2.0	6.0	39.1	19.0	60	0.60	0			0.0	115
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			863+	37.4+	27.5+	28.5+	116.8+	607+	6.27+	3843+	41+	2.40+	12.0+	1252+
Daily Totals for 7/18/2008			863+	37.4+	27.5+	28.5+	116.8+	607+	6.27+	3843+	41+	2.40+	12.0+	1252+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			101	200.4	96.7		99.7	152	234.81		136	300.41	120.2	289
Percent Calorie Distribution (%)				18.5+	28.5+		53.0+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 19 Jul 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 041	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Pork Patty, Grilled 041 (22433 761)	1 each	91	239	18.3	16.7	63.4	3.4	39	1.38	49	1	1.06	0.9	314
Apples,Frozen,Sauce	1/2 cup	76	53	0.2	0.3	4.5	12.8	5	0.16	37	69	0.00	1.6	149
Spinach	3.82 ounces	104	30	3.6	0.0	0.0	2.5	67	1.21	2932	23	0.00	3.0	46
Corn muffin	1 each	57	187	2.7	4.9	25.8	29.3	42	0.17	133	0	0.06	2.0	153
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Choc Chip Crm Cookie,Ind	1 each	34	150	1.0	6.0	36.0	23.0	0	0.36	0	0	0.00	1.0	95
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			849+	33.8+	32.9+	35.3+	99.1+	464+	3.39+	3879+	103+	2.20+	8.8+	943+
Daily Totals for 7/19/2008			849+	33.8+	32.9+	35.3+	99.1+	464+	3.39+	3879+	103+	2.20+	8.8+	943+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			100	181.0	115.9		84.6	116	126.83		344	274.59	87.5	218
Percent Calorie Distribution (%)				16.6+	35.3+		48.1+							
Week Daily Average (07/13/08-07/19/08)			829+	35.0+	26.8+	29.3+	108.5+	533+	5.49+	6421+	62+	2.10+	10.0+	1120+

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 20 Jul 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 016	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Chick Ribs,BBQ-016 (4909-928)	2 each	118	240	20.0	14.0	52.9	8.0	0	0.72	0	0	0.35	0.0	500
Sweet Potato Patty	1 each	75	87	1.3	0.6	6.5	19.5	27	2.10	7360	11	0.00	3.7	12
Green Bean Casserole	1/2 cup	92	77	2.0	3.2	40.3	8.6	40	0.64	198	10	0.01	2.9	123
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Peanut Butter Cookie,Euro/Each	1 each	35	160	2.0	7.0	38.7	23.0	12	0.36	4	0	0.07	0.0	115
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			825+	37.3+	30.3+	33.2+	98.1+	457+	5.77+	8267+	39+	1.52+	8.1+	1070+
Daily Totals for 7/20/2008			825+	37.3+	30.3+	33.2+	98.1+	457+	5.77+	8267+	39+	1.52+	8.1+	1070+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			97	199.7	106.8		83.7	114	216.17		131	189.95	80.8	247
Percent Calorie Distribution (%)				18.4+	33.2+		48.4+							

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 21 Jul 2008, Mon**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 054	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Chicken & Dumplings-054	8.26 ounces	262	307	36.0	9.8	29.4	17.0	36	2.96	188	0	0.43	0.7	319
Peaches, Half	1 each	102	79	0.5	0.1	1.1	20.3	3	0.28	783	3	0.00	2.3	6
Winter Blend	1/2 cup	64	35	1.8	0.2	4.7	7.4	20	0.49	2062	10	0.00	3.1	13
Wheat Bread, AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Lemon Creme Cookies-Good Sourc	1 packet	29	130	1.0	4.0	30.0	20.0	0	0.40	0	0	0.00	1.0	125
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			801+	50.3+	19.6+	22.4+	103.7+	420+	5.72+	3738+	32+	1.51+	8.3+	814+
Daily Totals for 7/21/2008			801+	50.3+	19.6+	22.4+	103.7+	420+	5.72+	3738+	32+	1.51+	8.3+	814+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			94	269.6	69.0		88.4	105	214.22		108	189.34	82.5	188
Percent Calorie Distribution (%)				25.6+	22.4+		52.0+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 22 Jul 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 023	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Meatloaf Tomato Sauce - 023 (3229	1 slice	122	192	16.4	11.2	50.4	8.3	32	2.36	267	10	1.41	1.6	457
Rutabagas	1/2 cup	86	35	1.0	0.0	0.0	7.1	40	0.36	505	15	0.00	2.5	15
Lima Beans, frz	1/2 cup	74	97	5.8	0.0	0.0	19.4	21	1.07	123	4	0.00	4.4	58
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Oatmeal Creme Cookie,Ind	1 each	38	170	1.0	7.0	36.8	26.0	0	0.72	0	0	0.00	1.0	190
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			754+	35.2+	23.7+	27.5+	101.8+	460+	5.33+	1623+	41+	2.49+	11.0+	1026+
Daily Totals for 7/22/2008			754+	35.2+	23.7+	27.5+	101.8+	460+	5.33+	1623+	41+	2.49+	11.0+	1026+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			88	188.8	83.3		86.8	115	199.75		136	311.25	110.0	237
Percent Calorie Distribution (%)				18.5+	27.5+		54.1+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 23 Jul 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 053	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Chicken Breast,BBQ 053 (23530 76	1 each	91	131	14.8	6.5	45.1	3.0	21	1.00	110	2	0.49	0.6	286
sweet potatoes,diced,sauce	1/2 cup	75	85	1.4	0.4	4.3	19.5	28	0.41	7360	9	0.00	1.4	25
Broccoli	4 ounces	69	21	2.1	0.1	4.1	4.1	28	0.54	761	27	0.00	2.1	27
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Choc Pudding, Ind	1 each	85	150	2.0	7.0	42.9	19.0	60	0.07	82			0.0	125
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			648+	31.2+	20.2+	28.1+	86.6+	456+	2.43+	9020+	78+	1.57+	5.2+	783+
Daily Totals for 7/23/2008			648+	31.2+	20.2+	28.1+	86.6+	456+	2.43+	9020+	78+	1.57+	5.2+	783+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			76	167.4	71.2		73.9	114	91.04		259	196.25	52.2	181
Percent Calorie Distribution (%)				19.3+	28.1+		52.6+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 24 Jul 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 032	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Country Frd Stk & Crm Gravy 032 (2	1 each	117	318	19.0	18.1	51.6	19.3	29	2.88	51	0	2.14	1.6	595
Red Skin Whipped Potatoes	4.6 ounces	44	123	2.2	1.8	13.9	23.1	22	0.51	6	26	0.00	2.6	189
Mixed Vegetables	1/2 cup	83	51	1.9	0.0	0.6	10.2	26	0.83	2435	6	0.00	3.7	58
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Mixed Fruit Cup, frz,NEW, Pierre (8)	1 each	113	70	1.0	0.0	0.0	18.0	7	0.30	263	5	0.00	1.0	6
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			832+	36.0+	26.0+	28.1+	112.6+	416+	5.83+	3576+	91+	3.22+	9.8+	1203+
Daily Totals for 7/24/2008			832+	36.0+	26.0+	28.1+	112.6+	416+	5.83+	3576+	91+	3.22+	9.8+	1203+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			98	192.7	91.5		96.1	104	218.31		304	402.93	97.8	278
Percent Calorie Distribution (%)				17.5+	28.1+		54.4+							

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 25 Jul 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 052	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Chicken Breast, Teriyaki 052 (23630)	1 each	91	135	15.0	6.7	44.5	3.8	25	1.19	139	2	0.64	0.9	456
Sweet Potato Casserole	4 ounces	109	123	0.7	0.5	3.8	29.8	23	2.03	9077	3	0.00	2.0	25
Brussel Sprouts	1/2 cup	62	27	2.1	0.2	6.8	3.1	26	0.87	551	41	0.00	2.5	21
Rye Bread, AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Mini Moon Pie, Chocolate	1 each	34	152	2.5	4.5	26.2	26.0	0	0.54	0	0	0.09	0.0	120
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			717+	30.3+	17.9+	22.1+	109.7+	384+	4.94+	10477+	49+	1.81+	6.6+	927+
Daily Totals for 7/25/2008			717+	30.3+	17.9+	22.1+	109.7+	384+	4.94+	10477+	49+	1.81+	6.6+	927+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			84	162.2	63.1		93.6	96	184.89		163	225.90	65.6	214
Percent Calorie Distribution (%)				17.2+	22.1+		60.6+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 26 Jul 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 031	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Sweet & Sour Pork Patty w/Rice (22	1 each	202	510	20.1	16.9	31.5	62.4	60	1.78	77	2	1.06	2.2	545
Squash,zucchini,onions	1/2 cup	113	18	0.7	0.1	2.4	4.4	15	0.40	1267	5	0.00	1.6	3
Peas & Carrots	1/2 cup	79	42	2.7	0.4	6.8	8.8	21	0.86	7457	9	0.00	2.7	62
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Peach Cup, frz,Pierre (80140)	1 each	114	66	1.0	0.0	0.0	18.0	5	0.40	395	3	0.00	1.5	6
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			896+	36.4+	22.8+	23.6+	133.7+	470+	4.56+	10017+	73+	2.14+	9.6+	936+
Daily Totals for 7/26/2008			896+	36.4+	22.8+	23.6+	133.7+	470+	4.56+	10017+	73+	2.14+	9.6+	936+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			105	195.2	80.3		114.0	117	170.68		245	267.50	96.5	216
Percent Calorie Distribution (%)				16.7+	23.6+		59.7+							
Week Daily Average (07/20/08-07/26/08)			782+	36.7+	22.9+	26.4+	106.6+	438+	4.94+	6674+	58+	2.04+	8.4+	965+

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 27 Jul 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 034	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Chili w/ Beans-NEW-3 oz meat-034	11.9 ounces	329	365	24.4	14.4	34.6	36.6	160	5.54	1213	23	1.26	9.6	853
Broccoli	4 ounces	69	21	2.1	0.1	4.1	4.1	28	0.54	761	27	0.00	2.1	27
Applesauce	1/2 cup	102	66	0.7	0.0	0.0	11.3	4	0.55	29	2	0.00	1.5	8
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Ginger Cookie,Ind	1 each	21	90	1.0	3.0	29.7	15.0	20	0.15	4	0	0.00	0.5	60
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			825+	39.3+	23.5+	25.0+	111.0+	543+	8.03+	2746+	68+	2.34+	14.1+	1276+
Daily Totals for 7/27/2008			825+	39.3+	23.5+	25.0+	111.0+	543+	8.03+	2746+	68+	2.34+	14.1+	1276+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			97	210.4	82.6		94.7	136	300.89		227	292.08	140.9	295
Percent Calorie Distribution (%)				18.9+	25.0+		56.2+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 28 Jul 2008, Mon**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 029	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Chicken Strips Advance (23161-761	6.5 ounces	185	287	19.0	11.5	36.2	26.5	129	1.08	362	5	0.57	3.1	597
Capri Vegetables	1/2 cup	78	25	0.9	0.0	5.4	0.5	24	0.46	2268	19	0.00	3.4	33
Green Beans with Onions & Red Pe	1/2 cup	74	21	0.8	0.0	0.2	3.5	33	0.33	226	11	0.00	2.2	3
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Chocolate Creme Cookies-Good So	1 packet	29	130	1.0	4.0	30.0	20.0	6	0.72	1	0	0.00	1.0	95
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			753+	32.7+	21.5+	26.1+	99.5+	522+	3.79+	3566+	37+	1.65+	10.4+	1053+
Daily Totals for 7/28/2008			753+	32.7+	21.5+	26.1+	99.5+	522+	3.79+	3566+	37+	1.65+	10.4+	1053+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			88	175.2	75.7		84.9	130	141.97		124	205.73	103.8	243
Percent Calorie Distribution (%)				19.2+	26.1+		54.7+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 29 Jul 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
meal 074	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Egg Patty 1.5 ounce 074	2 each	85	136	8.0	10.2	68.5	2.6	51	1.22	340	0	0.17	0.0	289
Turkey sausage, link 074 (19669)	1 each	19	30	3.4	2.0	55.1	0.3	7	0.24	100	0	0.10	0.3	98
Potatoes, Frozed, Diced	1/2 cup	87	61	2.0	0.1	1.3	13.3	0	0.37	0	14	0.00	2.5	10
Peaches, Diced	4 ounces	137	76	1.1	0.0	0.0	18.5	7	0.58	371	2	0.00	1.4	11
Rye Bread, AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Applesauce, strawberry, ind, frz, Pierre	1 each	113	91	0.0	0.0	0.0	23.0	10	0.30	29	16	0.00	1.3	10
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			655+	25.4+	18.3+	24.9+	97.7+	388+	3.12+	1664+	87+	1.35+	6.8+	753+
Daily Totals for 7/29/2008			655+	25.4+	18.3+	24.9+	97.7+	388+	3.12+	1664+	87+	1.35+	6.8+	753+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			77	136.0	64.5		83.4	97	116.87		292	168.31	67.9	174
Percent Calorie Distribution (%)				15.6+	24.9+		59.5+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 30 Jul 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 021	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Lasagna -021 (320800-40)	8.5 ounces	222	284	17.7	10.4	33.1	29.5	305	1.76	910	12	1.08	3.3	813
Squash,zucchini,onions	1/2 cup	113	18	0.7	0.1	2.4	4.4	15	0.40	1267	5	0.00	1.6	3
Brussel Sprouts	1/2 cup	62	27	2.1	0.2	6.8	3.1	26	0.87	551	41	0.00	2.5	21
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Peach Cup, frz,Pierre (80140)	1 each	114	66	1.0	0.0	0.0	18.0	5	0.40	395	3	0.00	1.5	6
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			667+	31.5+	16.6+	22.3+	97.1+	663+	3.78+	3863+	78+	2.16+	9.8+	1152+
Daily Totals for 7/30/2008			667+	31.5+	16.6+	22.3+	97.1+	663+	3.78+	3863+	78+	2.16+	9.8+	1152+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			78	168.7	58.4		82.8	166	141.47		259	269.51	98.0	266
Percent Calorie Distribution (%)				19.3+	22.3+		58.5+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 31 Jul 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 043	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
New Orleans Chicken (23163-761)	1 each	193	276	16.3	11.3	37.5	26.1	32	1.24	44	4	0.23	1.6	659
sweet potatoes,diced,sauce	1/2 cup	75	85	1.4	0.4	4.3	19.5	28	0.41	7360	9	0.00	1.4	25
Okra & Tomatoes	4.25 ounces	129	23	1.4	0.1	3.7	4.8	51	0.51	609	13	0.00	2.4	4
Corn muffin	1 each	57	187	2.7	4.9	25.8	29.3	42	0.17	133	0	0.06	2.0	153
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Sugar Cookie,Euro/Each	1 each	35	170	2.0	7.0	39.6	22.0	7	0.36	32	0	0.07	0.3	95
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			930+	31.8+	28.8+	28.7+	129.6+	470+	2.79+	8906+	37+	1.44+	8.0+	1121+
Daily Totals for 7/31/2008			930+	31.8+	28.8+	28.7+	129.6+	470+	2.79+	8906+	37+	1.44+	8.0+	1121+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			109	170.4	101.3		110.6	118	104.40		124	179.69	80.0	259
Percent Calorie Distribution (%)				14.0+	28.7+		57.4+							
Month Daily Average (07/07/08-07/31/08)			793+	34.8+	24.3+	27.7+	106.6+	486+	5.00+	5901+	61+	1.98+	9.4+	1066+

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 01 Aug 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
meal 010	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Breaded Pork Patty - 010 (22740 76	1 each	113	353	20.4	22.2	56.7	17.7	46	2.34	61	1	0.90	1.7	545
Rutabagas	1/2 cup	86	35	1.0	0.0	0.0	7.1	40	0.36	505	15	0.00	2.5	15
Spinach	3.82 ounces	104	30	3.6	0.0	0.0	2.5	67	1.21	2932	23	0.00	3.0	46
Wheat Bread,AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Vanilla Pudding,Ind	1 each	85	140	2.0	6.0	39.1	19.0	60	0.60	0			0.0	115
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			809+	38.0+	33.7+	37.4+	85.3+	574+	6.10+	4204+	58+	1.99+	8.5+	1071+
Daily Totals for 8/1/2008			809+	38.0+	33.7+	37.4+	85.3+	574+	6.10+	4204+	58+	1.99+	8.5+	1071+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			95	203.6	118.7		72.8	144	228.45		193	248.64	84.8	247
Percent Calorie Distribution (%)				19.4+	37.4+		43.2+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 02 Aug 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 050	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Oven Fried Chicken 050 (12092)	4 ounces	113	230	20.0	12.0	43.5	15.0	14	1.00	43	2	0.45	1.0	718
Corn,Whole Kernel	1/2 cup	93	83	2.8	0.7	6.8	19.6	9	0.69	200	6	0.00	3.0	22
Broccoli	4 ounces	69	21	2.1	0.1	4.1	4.1	28	0.54	761	27	0.00	2.1	27
Wheat Bread,AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Graham Crackers	1 each	14	60	1.0	1.5	22.7	10.6	10	0.55	0	0	0.00	0.5	93
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			645+	36.8+	20.1+	26.3+	90.3+	420+	3.55+	1710+	73+	1.54+	7.8+	1195+
Daily Totals for 8/2/2008			645+	36.8+	20.1+	26.3+	90.3+	420+	3.55+	1710+	73+	1.54+	7.8+	1195+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			76	197.2	70.7		77.1	105	132.81		244	192.84	78.3	276
Percent Calorie Distribution (%)				21.5+	26.3+		52.2+							
Week Daily Average (07/27/08-08/02/08)			755+	33.6+	23.2+	27.5+	101.5+	512+	4.45+	3808+	63+	1.78+	9.3+	1089+

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 03 Aug 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 058	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Pot Roast,Veg,Gravy 058	10 ounces	187	270	14.3	13.1	61.3	4.3	156	3.02	5403	3	2.27	4.0	575
Potatoes,Frozed,Diced	1/2 cup	87	61	2.0	0.1	1.3	13.3	0	0.37	0	14	0.00	2.5	10
Green Peas	1/2 cup	96	76	5.0	0.4	4.1	13.7	26	1.60	698	17	0.00	5.3	19
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Granola Bar,Nature Valley, Oats & f	1 each	21	90	2.0	3.0	28.4	15.0	0	1.08	0	0	0.00	1.0	80
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			777+	34.3+	22.0+	31.2+	93.3+	549+	7.09+	6810+	37+	3.35+	14.3+	974+
Daily Totals for 8/3/2008			777+	34.3+	22.0+	31.2+	93.3+	549+	7.09+	6810+	37+	3.35+	14.3+	974+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			91	183.7	77.4		79.6	137	265.63		122	418.49	143.3	225
Percent Calorie Distribution (%)				20.7+	31.2+		48.1+							

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 04 Aug 2008, Mon**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 088	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Beef Patty/Onion Gravy 088 (22773	1 each	88	201	17.2	13.1	58.1	4.1	32	2.19	39	0	1.01	1.2	415
Sour Cream & Chive Potatoes	4.65 ounces	24	128	2.3	1.8	13.6	24.0	30	0.38	111	28	0.01	2.1	206
Capri Vegetables	1/2 cup	78	25	0.9	0.0	5.4	0.5	24	0.46	2268	19	0.00	3.4	33
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Fig Bar,Ind,AL	1 each	42	160	1.0	3.0	17.4	31.0	20	0.70	0	0	0.04	1.0	110
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			786+	32.4+	23.5+	26.9+	101.6+	474+	4.79+	3157+	63+	2.14+	9.1+	1058+
Daily Totals for 8/4/2008			786+	32.4+	23.5+	26.9+	101.6+	474+	4.79+	3157+	63+	2.14+	9.1+	1058+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			92	173.7	82.8		86.7	118	179.56		211	267.62	90.5	244
Percent Calorie Distribution (%)				18.1+	26.9+		55.0+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 05 Aug 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietary Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 080	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Chicken Breast,Grilled 080 (231637)	1 each	85	167	14.0	10.6	58.1	3.2	13	0.61	38	2	0.23	0.1	400
Rice & Chicken Gravy 080	3 ounces	64	71	1.4	0.2	2.0	15.5	11	0.29	4	0	0.01	0.9	120
Carrots	1/2 cup	75	34	0.8	0.2	4.9	7.2	33	0.58	8232	7	0.00	2.6	54
Green Peas	1/2 cup	96	76	5.0	0.4	4.1	13.7	26	1.60	698	17	0.00	5.3	19
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Graham Crackers	1 each	14	60	1.0	1.5	22.7	10.6	10	0.55	0	0	0.00	0.5	93
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			667+	33.2+	19.0+	25.6+	91.3+	413+	4.02+	9680+	65+	1.32+	10.6+	1007+
Daily Totals for 8/5/2008			667+	33.2+	19.0+	25.6+	91.3+	413+	4.02+	9680+	65+	1.32+	10.6+	1007+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			78	177.8	66.9		77.9	103	150.63		217	164.78	105.6	232
Percent Calorie Distribution (%)				20.1+	25.6+		54.3+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 06 Aug 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
meal 057	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
BBQ Beef - 057 (50401)	5.71 ounces	142	400	38.7	13.7	31.0	30.0	40	2.70	300	7	3.40	7.5	912
Potatoes,Frozed,Diced	1/2 cup	87	61	2.0	0.1	1.3	13.3	0	0.37	0	14	0.00	2.5	10
Mixed Vegetables	1/2 cup	83	51	1.9	0.0	0.6	10.2	26	0.83	2435	6	0.00	3.7	58
Hamburger Bun	1 each	64	184	6.0	3.0	14.1	35.0	60	1.99	148	0	0.05	3.0	300
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Pineapple,ind.frz,NEW, Pierre (8034	1 each	113	111	0.0	0.0	0.0	28.0	18	0.40	34	8	0.00	0.7	5
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			997+	57.6+	21.9+	19.5+	143.5+	457+	6.69+	3739+	89+	4.53+	17.8+	1486+
Daily Totals for 8/6/2008			997+	57.6+	21.9+	19.5+	143.5+	457+	6.69+	3739+	89+	4.53+	17.8+	1486+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			117	308.7	77.0		122.4	114	250.60		297	566.49	177.8	343
Percent Calorie Distribution (%)				23.2+	19.5+		57.3+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 07 Aug 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 069	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Chicken & Bean Burrito-NEW-069 (1 each	172	338	18.6	8.6	23.2	45.6	83	3.76	1045	6	0.46	4.1	808
Mexicorn	1/2 cup	78	41	1.3	0.2	4.6	10.0	9	0.74	212	17	0.00	5.7	29
Applesauce	1/2 cup	102	66	0.7	0.0	0.0	11.3	4	0.55	29	2	0.00	1.5	8
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Apple Spice Cookie,Ind	1 each	35	170	2.0	7.0	39.6	22.0	20	0.36	44	1	0.00	1.0	105
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			886+	33.7+	21.9+	22.6+	131.9+	446+	6.42+	2058+	37+	1.54+	12.9+	1290+
Daily Totals for 8/7/2008			886+	33.7+	21.9+	22.6+	131.9+	446+	6.42+	2058+	37+	1.54+	12.9+	1290+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			104	180.4	77.0		112.6	112	240.42		123	191.92	129.4	298
Percent Calorie Distribution (%)				15.5+	22.6+		61.9+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 08 Aug 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 020	1 each	0												
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Red Beans and Rice/Sausage -20 w	8.94 oz	262	335	18.7	9.8	26.3	42.7	57	4.83	20	26	0.81	11.0	540
Cabbage	2.3 ounces	65	16	0.9	0.1	6.2	3.5	31	0.38	91	21	0.00	1.5	12
Carrots	1/2 cup	75	34	0.8	0.2	4.9	7.2	33	0.58	8232	7	0.00	2.6	54
Wheat Bread,AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Choc Pudding, Ind	1 each	85	150	2.0	7.0	42.9	19.0	60	0.07	82			0.0	125
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			805+	32.5+	22.6+	25.2+	119.5+	530+	6.53+	9134+	56+	1.90+	16.3+	1051+
Daily Totals for 8/8/2008			805+	32.5+	22.6+	25.2+	119.5+	530+	6.53+	9134+	56+	1.90+	16.3+	1051+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			94	173.8	79.5		102.0	133	244.54		187	237.48	163.3	243
Percent Calorie Distribution (%)				16.2+	25.2+		58.7+							

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 09 Aug 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 056	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Veal Parmesan 056 (22756-761) Ac	1 each	169	310	25.7	14.3	41.5	19.5	179	3.02	244	12	2.01	2.0	713
Italian Vegetables	1/2 cup	83	32	1.9	0.0	0.9	6.3	24	0.48	4444	16	0.00	2.0	43
Potatoes, Rosemary Roasted	1/2 cup	68	73	1.6	2.7	33.3	10.4	16	0.58	7	9	0.00	2.2	121
Wheat Bread, AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Chortles chocolate chip cookies, 1 o.	1 packet	28	114	2.0	3.0	24.3	19.0	5	0.91	1	0	0.00	0.5	95
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			778+	42.2+	25.5+	29.3+	94.3+	585+	6.57+	5401+	55+	3.10+	8.0+	1322+
Daily Totals for 8/9/2008			778+	42.2+	25.5+	29.3+	94.3+	585+	6.57+	5401+	55+	3.10+	8.0+	1322+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			91	226.3	89.8		80.5	146	246.00		185	387.08	79.8	305
Percent Calorie Distribution (%)				21.8+	29.3+		48.9+							
Week Daily Average (08/03/08-08/09/08)			814+	38.0+	22.3+	25.5+	110.8+	493+	6.02+	5711+	57+	2.55+	12.7+	1170+

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 10 Aug 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 051	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Chicken & Broccoli Casserole with F	10 ounces	284	362	30.4	16.5	42.5	19.9	261	2.26	858	18	0.47	2.8	785
Green Beans	1/2 cup	70	23	0.8	0.0	1.7	3.8	38	0.43	179	10	0.00	2.2	21
Squash,zucchini,onions	1/2 cup	113	18	0.7	0.1	2.4	4.4	15	0.40	1267	5	0.00	1.6	3
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Applesauce,ind.frz,NEW,Pierre (11C	1 each	113	65	0.0	0.0	0.0	17.0	8	0.20	30	2	0.00	1.2	4
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			728+	43.8+	22.3+	28.0+	86.1+	698+	4.41+	3039+	74+	1.55+	9.4+	1119+
Daily Totals for 8/10/2008			728+	43.8+	22.3+	28.0+	86.1+	698+	4.41+	3039+	74+	1.55+	9.4+	1119+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			85	234.6	78.5		73.4	174	165.20		246	193.16	93.5	258
Percent Calorie Distribution (%)				24.9+	28.0+		47.1+							

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Menu Nutrient Analysis Report

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 11 Aug 2008, Mon**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 090	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Chicken Nuggets 090 (23161 761) A	3 each	85	167	13.9	10.5	58.1	3.1	14	0.61	37	2	0.23	0.1	400
Sauce, Sweet & Sour/La Choy	1 ounce	17	100	0.0	0.0	0.0	21.5	3	0.00	13	0	0.00	0.0	122
Spinach	3.82 ounces	104	30	3.6	0.0	0.0	2.5	67	1.21	2932	23	0.00	3.0	46
Mexicom	1/2 cup	78	41	1.3	0.2	4.6	10.0	9	0.74	212	17	0.00	5.7	29
White Bread	1 each	30	80	3.0	1.0	11.1	15.0	20	0.90	0	0	0.00	0.4	155
^Margarine.cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Pineapple.ind.frz.NEW, Pierre (8034	1 each	113	111	0.0	0.0	0.0	28.0	18	0.40	34	8	0.00	0.7	5
Milk.Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			720+	29.8+	16.7+	21.0+	108.2+	442+	3.96+	3956+	60+	1.30+	10.1+	942+
Daily Totals for 8/11/2008			720+	29.8+	16.7+	21.0+	108.2+	442+	3.96+	3956+	60+	1.30+	10.1+	942+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			85	159.5	58.9		92.3	110	148.31		200	163.12	101.4	217
Percent Calorie Distribution (%)					17.3+	21.0+	61.7+							

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 12 Aug 2008, Tue**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 065	1 each													
Orange Pinapple Juice	1 each	113	60	0.9	0.2	2.8	15.0	19	0.40	6	36	0.00	0.2	15
Spag/Meatballs 065 (22768-761) Ac	9.6 ounces	285	397	22.3	15.8	36.2	40.5	56	4.10	853	14	1.90	4.7	845
Green Beans	1/2 cup	70	23	0.8	0.0	1.7	3.8	38	0.43	179	10	0.00	2.2	21
Applesauce,Cinnamon	1/2 cup	102	67	0.7	0.0	0.2	11.5	7	0.65	30	2	0.00	1.6	8
Wheat Bread,AL	1 each	26	60	2.0	0.5	7.0	13.0	40	0.36	0	0	0.01	1.0	150
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Vanilla Pudding,Ind	1 each	85	140	2.0	6.0	39.1	19.0	60	0.60	0			0.0	115
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			877+	36.8+	27.6+	28.3+	115.8+	520+	6.54+	1768+	64+	2.99+	9.8+	1324+
Daily Totals for 8/12/2008			877+	36.8+	27.6+	28.3+	115.8+	520+	6.54+	1768+	64+	2.99+	9.8+	1324+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			103	197.0	97.0		98.8	130	244.98		215	373.64	97.7	306
Percent Calorie Distribution (%)				17.1+	28.3+		54.6+							

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Menu Nutrient Analysis Report

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Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 13 Aug 2008, Wed**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
meal 086	1 each													
Orange Juice	1 each	113	60	0.9	0.0	0.0	14.0	13	0.40	121	52	0.00	0.4	30
Chicken Patty, BRD - 086 (2379-895)	1 each	100	251	15.0	15.4	55.3	13.0	40	1.68	83	0	0.20	1.1	574
Pork & Beans	1/2 cup	126	133	5.8	1.0	7.0	24.1	70	4.41	385	3	0.00	6.8	105
Mixed Vegetables	1/2 cup	83	51	1.9	0.0	0.6	10.2	26	0.83	2435	6	0.00	3.7	58
Hamburger Bun	1 each	64	184	6.0	3.0	14.1	35.0	60	1.99	148	0	0.05	3.0	300
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Raisin Creme Cookie, Ind	1 each	34	140	1.0	5.0	31.9	23.0	0	0.72	0	0	0.03	0.5	120
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			949+	38.7+	29.4+	27.7+	132.3+	509+	10.03+	3873+	62+	1.36+	15.4+	1358+
Daily Totals for 8/13/2008			949+	38.7+	29.4+	27.7+	132.3+	509+	10.03+	3873+	62+	1.36+	15.4+	1358+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			111	207.2	103.7		112.9	127	375.78		208	170.50	154.4	313
Percent Calorie Distribution (%)				16.4+	27.7+		55.9+							

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Menu Nutrient Analysis Report

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 14 Aug 2008, Thu**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 038	1 each													
Pineapple Juice	1 each	113	60	1.0	0.0	0.0	13.0	21	1.22	6	17	0.00	0.2	30
Steak fingers 038 (23811 761) Adv	3 each	85	218	15.0	16.9	70.3	1.1	22	1.94	40	0	1.10	0.9	300
Mixed Greens	3.83 ounces	106	19	1.9	0.0	0.0	2.6	69	0.92	6120	24	0.00	2.9	13
Black-eyed Peas	1/2 cup	85	112	7.2	0.6	4.4	20.2	20	1.80	64	2	0.00	5.4	205
Rye Bread,AL	1 each	26	70	2.0	1.0	13.0	13.0	0	0.00	2	1	0.00	0.9	135
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Animal Crackers	1 each	28	126	2.0	3.9	27.7	21.0	12	0.78	0	0	0.01	0.3	111
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			736+	37.1+	27.4+	33.4+	83.9+	443+	6.68+	6931+	46+	2.19+	10.7+	964+
Daily Totals for 8/14/2008			736+	37.1+	27.4+	33.4+	83.9+	443+	6.68+	6931+	46+	2.19+	10.7+	964+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			86	198.8	96.4		71.6	111	250.04		155	274.27	106.8	222
Percent Calorie Distribution (%)				20.4+	33.4+		46.2+							

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Menu Nutrient Analysis Report

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 15 Aug 2008, Fri**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Calcium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 033	1 each													
Cranberry Juice	1 each	113	72	0.0	0.0	0.0	16.0	12	0.34	39	14	0.00	0.0	4
Pork Fried Rice-033	8.8 ounces	272	451	27.1	21.2	43.3	35.4	72	2.78	2048	7	0.85	3.9	781
Ginger Carrots	1/2 cup	66	31	0.7	0.1	4.3	6.6	25	0.44	7204	6	0.00	2.3	31
Cabbage	2.3 ounces	65	16	0.9	0.1	6.2	3.5	31	0.38	91	21	0.00	1.5	12
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Mixed Fruit Cup, frz,NEW, Pierre (8)	1 each	113	70	1.0	0.0	0.0	18.0	7	0.30	263	5	0.00	1.0	6
Milk	1 each	227	79	7.7	0.4	4.6	11.0	352	0.10	436	2	1.13		28
Noon Meal Totals			809+	40.5+	24.9+	27.9+	103.6+	556+	5.07+	10280+	54+	1.99+	10.0+	1027+
Daily Totals for 8/15/2008			809+	40.5+	24.9+	27.9+	103.6+	556+	5.07+	10280+	54+	1.99+	10.0+	1027+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			95	216.7	87.7		88.4	139	189.84		181	248.32	99.8	237
Percent Calorie Distribution (%)				20.3+	27.9+		51.8+							

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 16 Aug 2008, Sat**

Menu Item Name	Size	Amt (gm)	Calo ries (kcal)	Pro tein (gm)	Fat (gm)	% Cal. Fat (%)	Carbo hydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 099	1 each													
Blended Juice	1 each	113	60	0.0	0.0	0.0	15.0	11	0.10	27	9	0.00	0.2	15
Char steak 099 (22774-330) Advanc	1 each	85	191	17.0	13.0	60.5	2.1	24	2.17	39	0	1.01	1.2	264
Loaded Potato	4.65 ounces	25	131	2.4	1.3	9.7	25.5	40	0.49	311	30	0.00	2.5	250
Brussel Sprouts	1/2 cup	62	27	2.1	0.2	6.8	3.1	26	0.87	551	41	0.00	2.5	21
Wheat Roll,new 3-07	1 each	32	70	3.0	0.5	6.6	13.0	56	0.72	0	0	0.00	1.3	120
^Margarine,cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Fig Bar,Ind,AL	1 each	42	160	1.0	3.0	17.4	31.0	20	0.70	0	0	0.04	1.0	110
Milk,Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			769+	33.5+	23.0+	26.8+	102.7+	477+	5.06+	1628+	82+	2.13+	8.8+	950+
Daily Totals for 8/16/2008			769+	33.5+	23.0+	26.8+	102.7+	477+	5.06+	1628+	82+	2.13+	8.8+	950+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			90	179.5	81.0		87.6	119	189.55		272	266.50	87.6	219
Percent Calorie Distribution (%)				17.8+	26.8+		55.4+							
Week Daily Average (08/10/08-08/16/08)			798+	37.2+	24.5+	27.6+	104.7+	521+	5.96+	4496+	63+	1.93+	10.6+	1098+

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Menu Nutrient Analysis Report

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Sorted in Menu Sequence

Nutrient Totals Using Main Items Only

Menu: Menu ADSS -7 pack **Date: 17 Aug 2008, Sun**

Menu Item Name	Size	Amt (gm)	Calories (kcal)	Protein (gm)	Fat (gm)	% Cal. Fat (%)	Carbohydrat (gm)	Cal cium (mg)	Iron (mg)	Vit A (IU)	Vit C (mg)	Vit B12 (mcg)	Dietry Fiber (gm)	Sodium (mg)
Noon Meal														
Meal 024	1 each													
Grape Juice	1 each	113	80	0.0	0.0	0.0	21.0	10	0.30	9	0	0.00	0.2	0
Pizza, Sausage -024 (603MS)	1 each	163	379	25.6	20.1	47.8	23.8	502	2.04	422	6	0.60	1.0	742
Broccoli	4 ounces	69	21	2.1	0.1	4.1	4.1	28	0.54	761	27	0.00	2.1	27
Corn, Whole Kernel	1/2 cup	93	83	2.8	0.7	6.8	19.6	9	0.69	200	6	0.00	3.0	22
Crackers, 4 Count/Shelf	1 each	28	50	1.0	1.0	18.4	9.0	14	0.60	0	0	0.00	1.0	160
^Margarine, cup	1 each	5	20	0.0	2.5	100.0	0.0	0	0.01	200	0	0.01	0.0	45
Fudge Cookie, Ind	1 each	35	160	2.0	6.0	35.1	23.0	12	0.72	1	0	0.03	1.0	65
Milk, Nutrish AB, ADSS	8 ounces	227	110	8.0	2.5	21.1	13.0	300	0.00	500	2	1.07	0.0	125
Noon Meal Totals			903+	41.5+	32.9+	32.8+	113.5+	875+	4.90+	2093+	42+	1.71+	8.3+	1186+
Daily Totals for 8/17/2008			903+	41.5+	32.9+	32.8+	113.5+	875+	4.90+	2093+	42+	1.71+	8.3+	1186+
1/3 RDA/DRI STANDARDS, 1 MEAL			852	18.7	28.4		117.2	400	2.67		30	0.80	10.0	433
Percent 1/3 RDA/DRI STANDARDS, 1 MEAL (%)			106	222.3	116.0		96.8	219	183.49		139	214.37	83.0	274
Percent Calorie Distribution (%)				18.2+	32.8+		49.0+							
Week Daily Average (08/17/08-08/17/08)			903+	41.5+	32.9+	32.8+	113.5+	875+	4.90+	2093+	42+	1.71+	8.3+	1186+
Month Daily Average (08/01/08-08/17/08)			802+	37.8+	24.4+	27.6+	105.7+	527+	5.79+	4674+	60+	2.15+	11.0+	1137+
Daily Average (07/07/08-08/17/08)			797+	36.0+	24.3+	27.6+	106.2+	503+	5.32+	5404+	60+	2.05+	10.1+	1095+

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